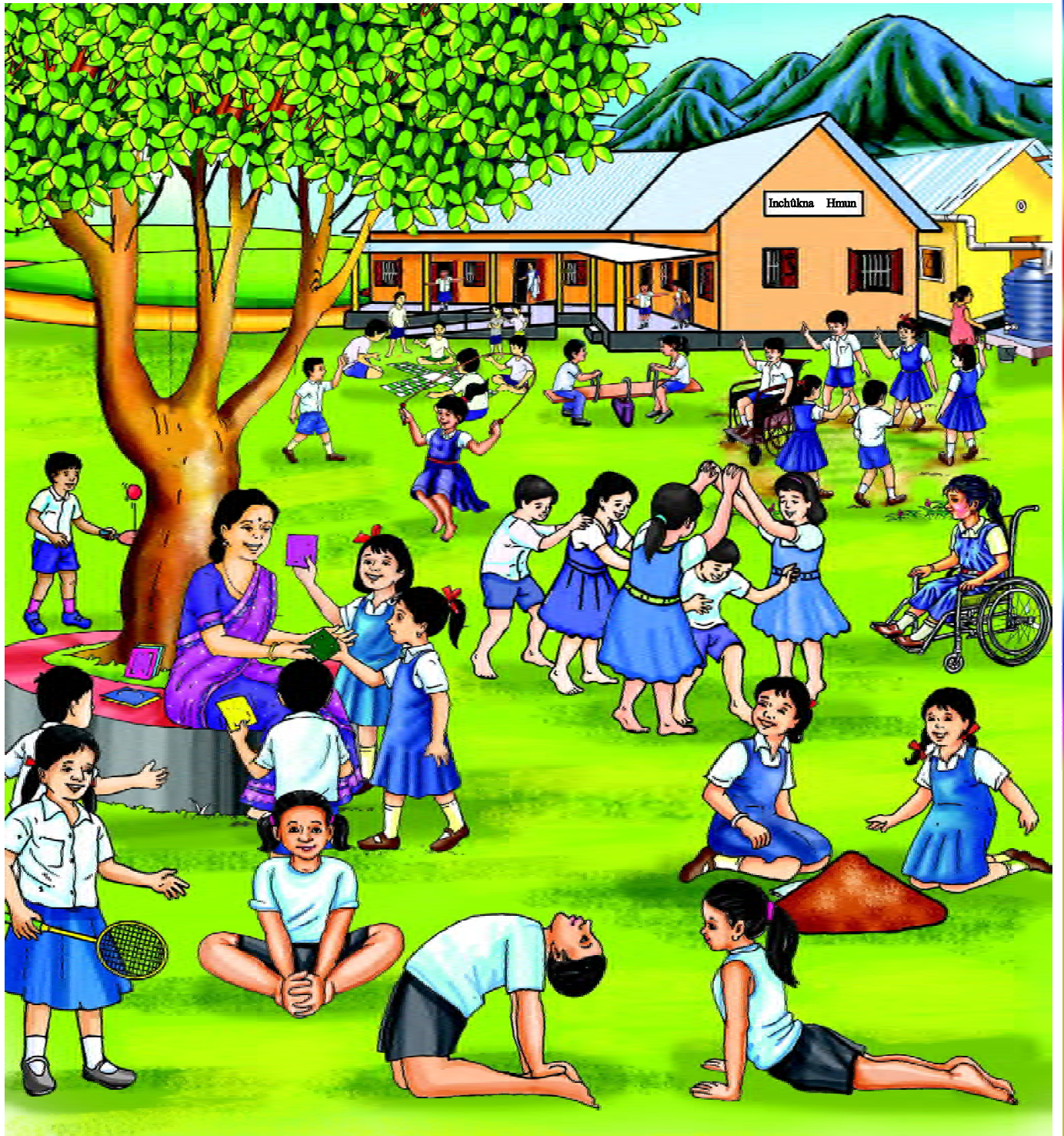


SINTHAWNA - 1



- ☞ Naupanghai chun a chung a milimhai hi enhai sien, a chanchin hriltlâng raw hai seh
- ☞ A lim a hin, Siemi le nuhmeite danghai hin iengam an inhnel a? ti hriet tum rawh
- ☞ Naupang inhnelhâi enkâitu chun an inhnel dan ding a hril tawl.

KAN SUNGKUO



Ka lungril hluozotu ka nu,
Ka hmu chângin nâu ang ka'n nui;
Ka sangnu khawm lawmin a lâm.
Kan chawl pha ina umin,



Insûng sin ka nu kan san hlak.

Ka pu le ka pi khawm

Kan sîrvêlah an inthung ve.

Ka upa nuhmei Siemi'n tui a chawi,



Ka nu le pa dawrah an fe ding;

Kan mamawhai inchaw dingin.

Ka sangpa'n hmuomthlum a du,

Kan rêngin kan insem hlak.



Ka ni le rang khawma an mi duot,

Kan mamawhai mi'n dawnin

An mi'n chawkpêk hlak.

Lekha tiem hun a tlung nawk tah.

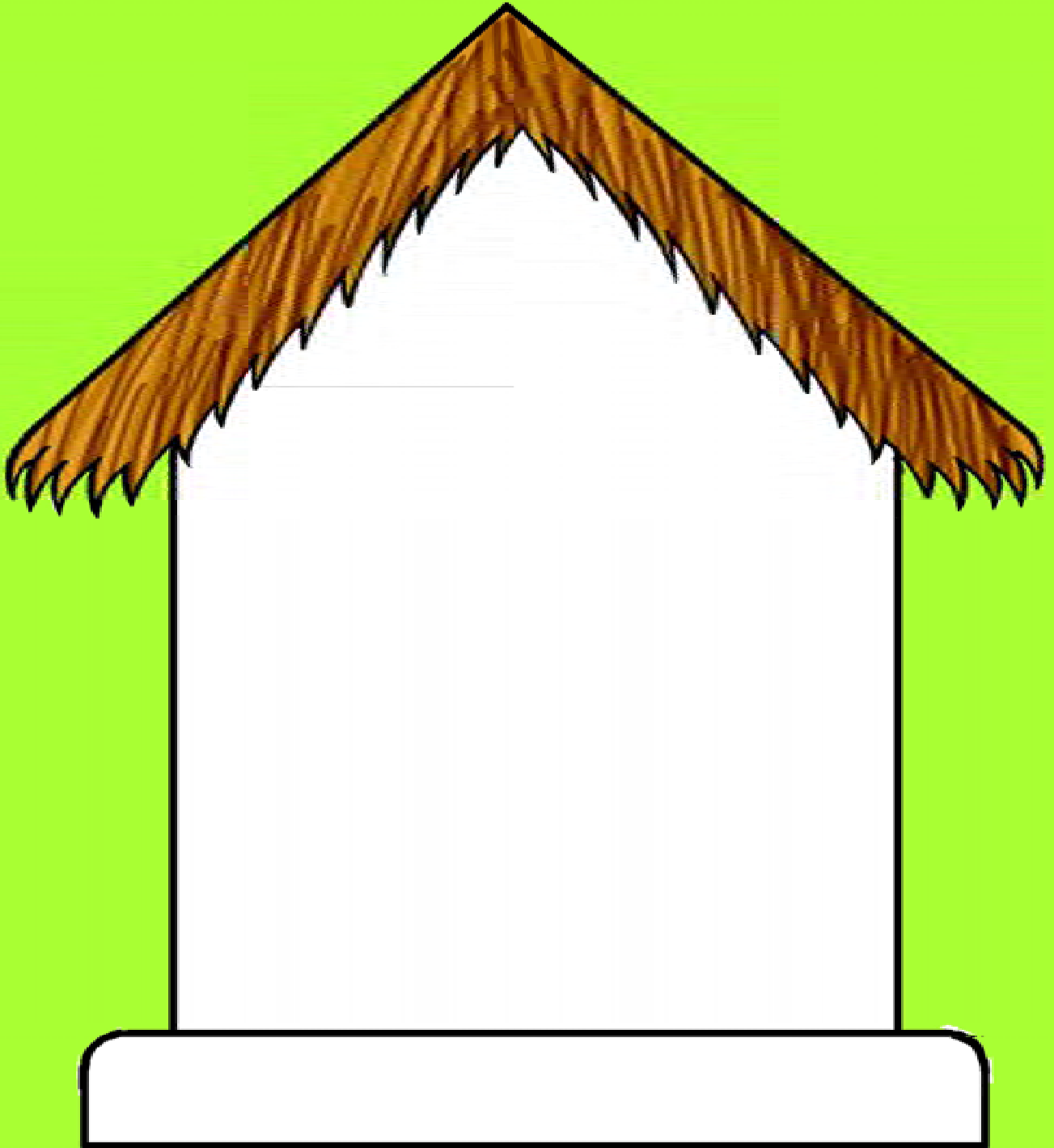


☞ A chung a hlathu hai hi tawnglamdan feltakin lam bawk an tih.

☞ Lim hi enin naupanghai chu in hriltlangtuo'ng an tih.

☞ Sunkuo inlaichin dan hrilin, insung sin hai hrilin, upalem inzana thu hai hrilsa bokin, chun ranhai enkawl dan hril bok an tih.

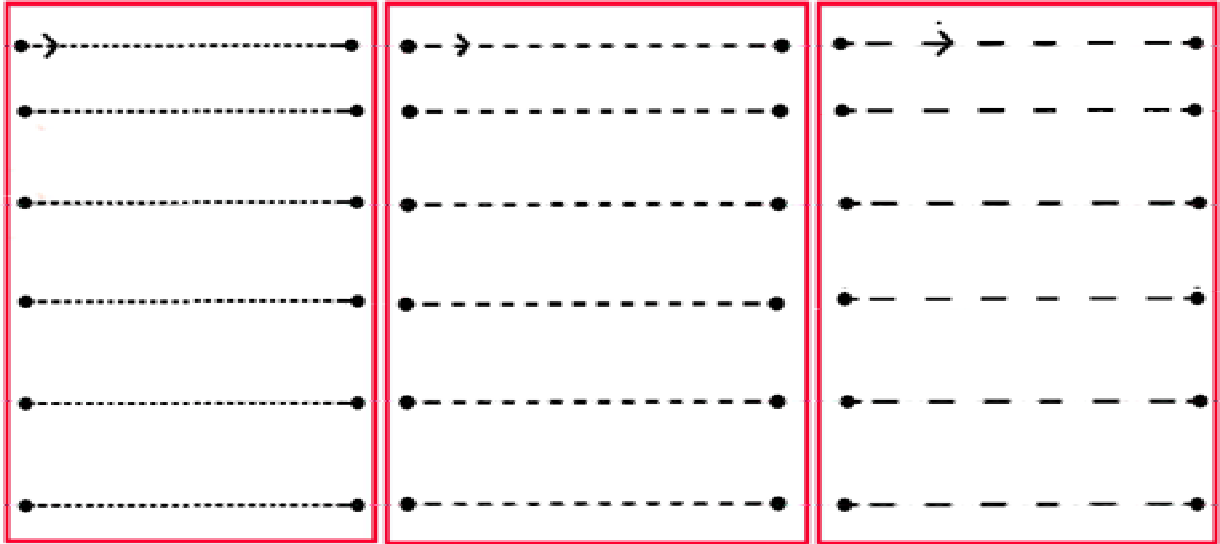
SINTHAWNA - 3



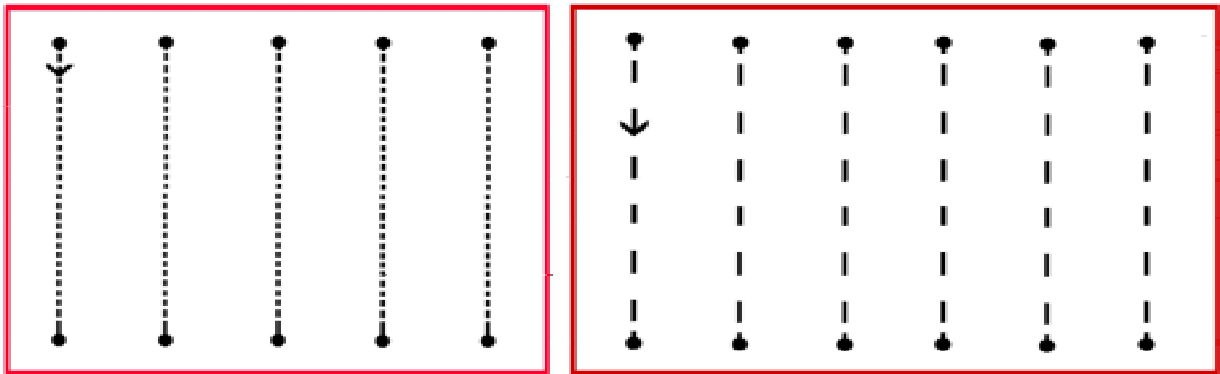
☞ Naupanghai chun an sungkuoa mi umhai po po lim ziek an ta, tu'm lim ziektu, ti hril bawk an tih. Hotu chun hi sin a hin naupang hai thangpui a tih.

SINTHAWNA - 4

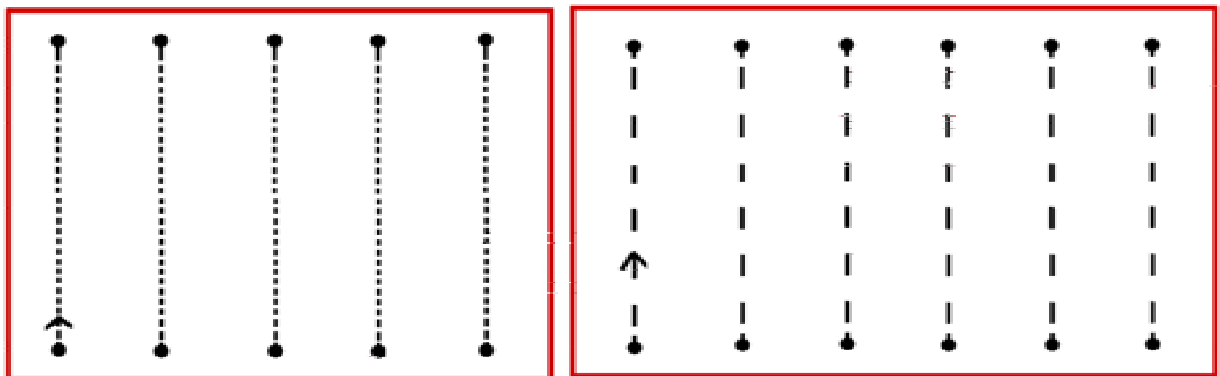
1.



2.



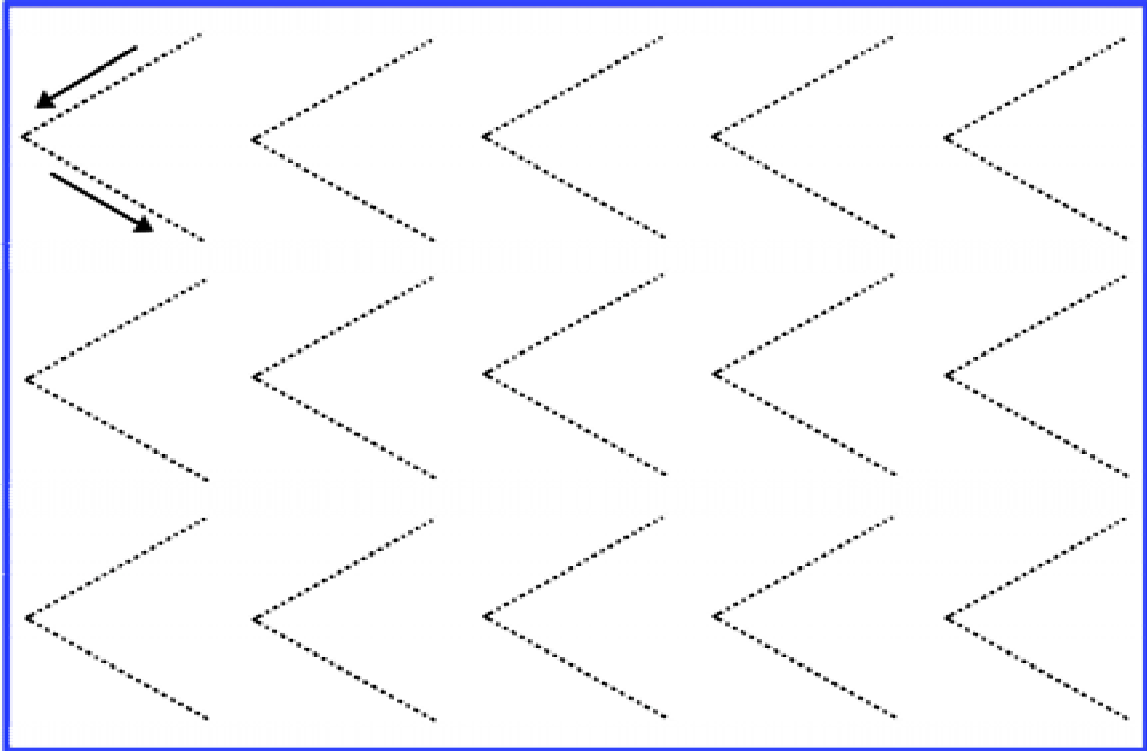
3.



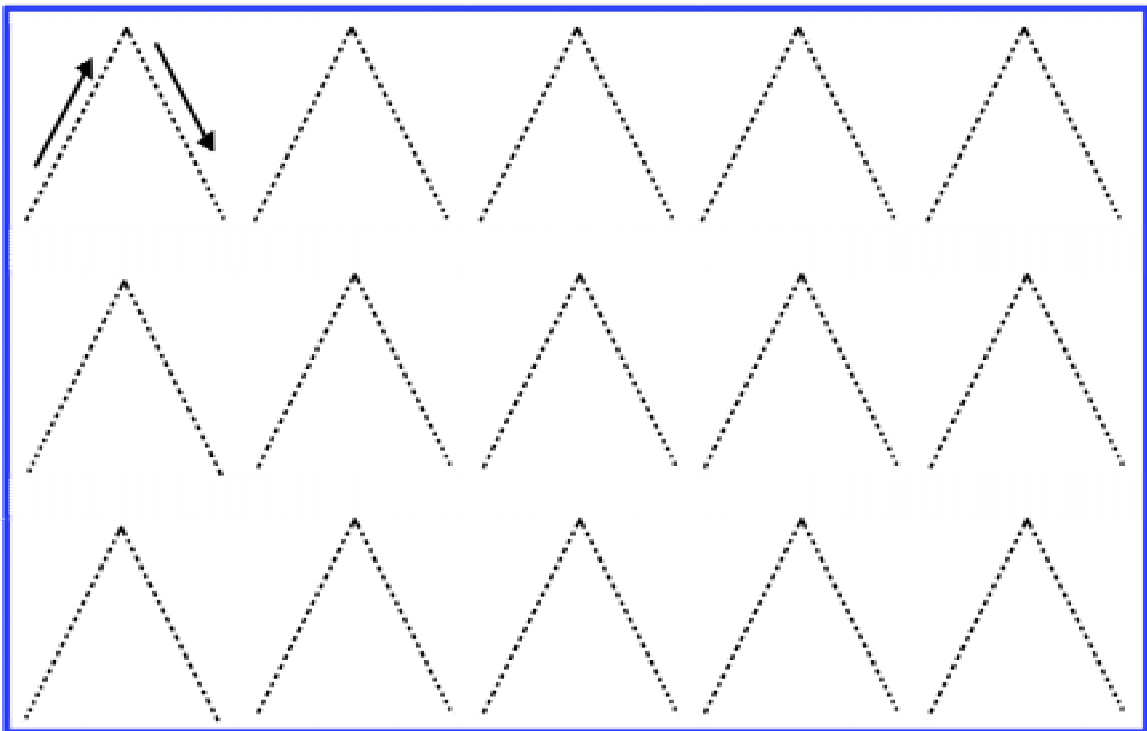
- ☞ Lim hmasatak a khin, pencil hmangin voitienga inthawkin changtieng fein rinzom ding a nih.
- ☞ Lim pahna a khin, pencil hmangin a chungtienga inthaw a hnuoitieng pana rinzom ding a nih.
- ☞ A lim pathumna a ruok hin chu, pencil hmangin a hnuoitienga inthaw a chungtieng pana rinzom ding a nih

SINTHAWNA - 5

1.

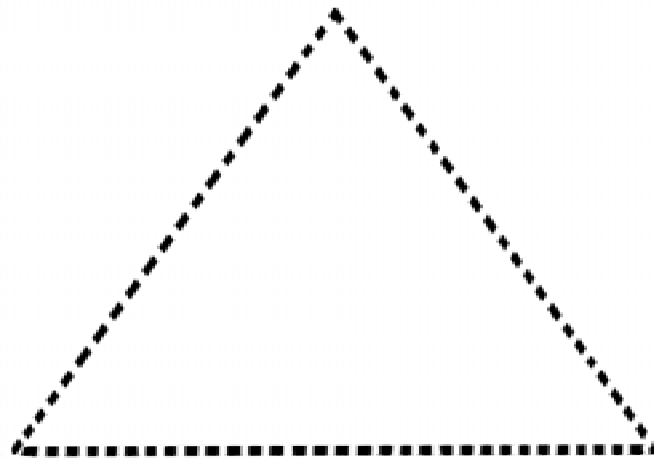
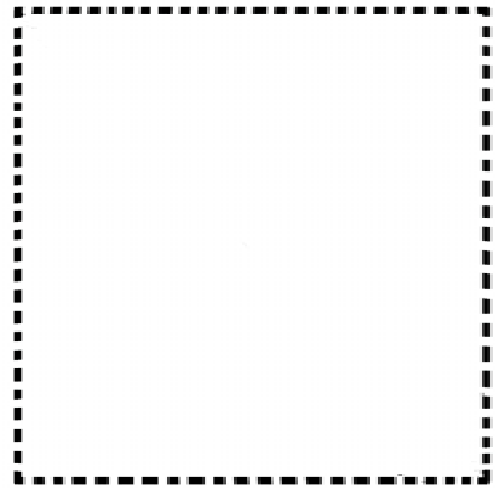
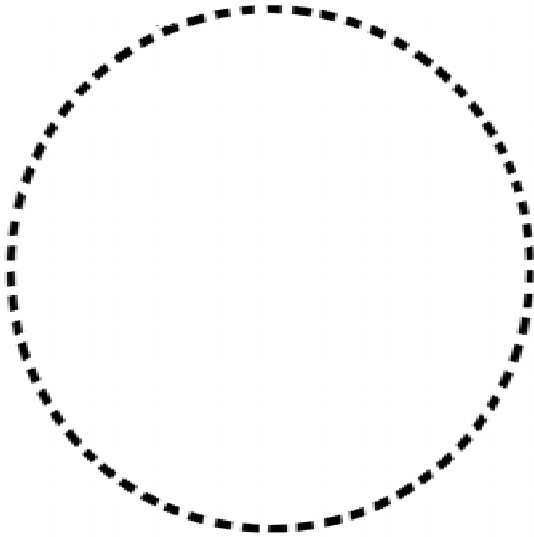


2.



Fena ding lampuihai chu thalkibâr zuiin ziekmat pei ding an nih.

SINTHAWNA- 6



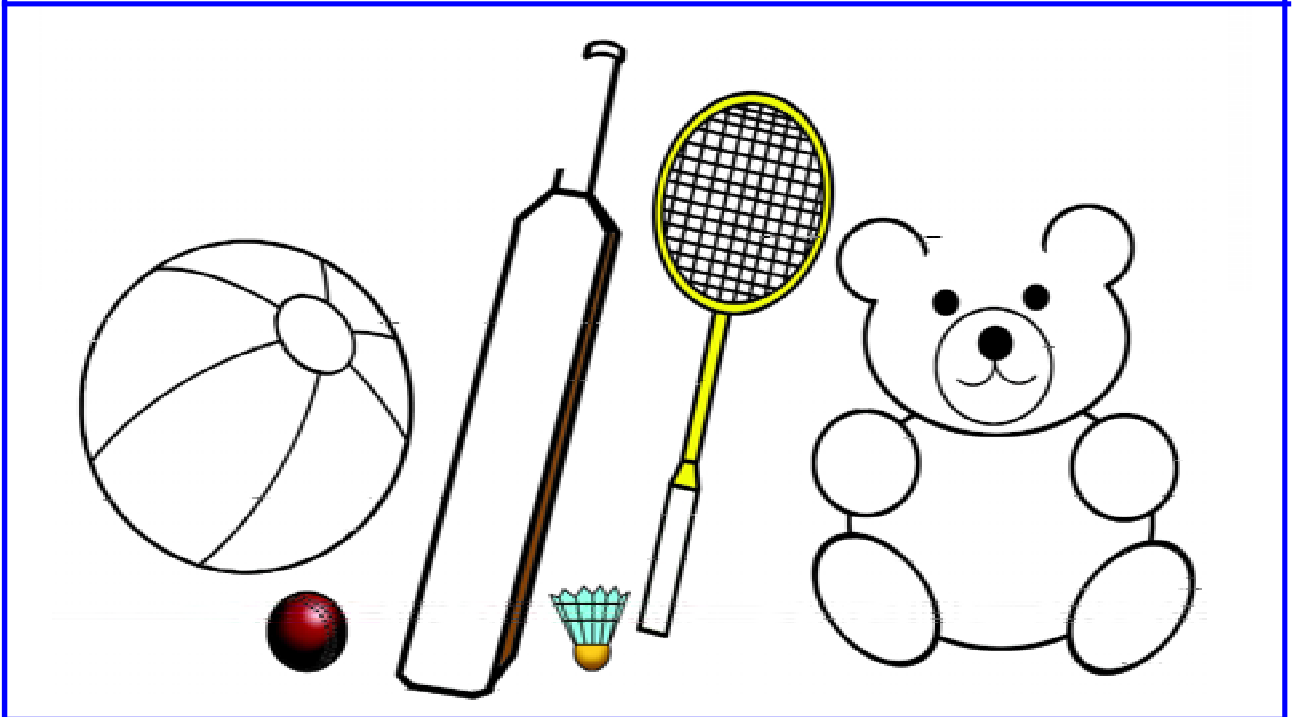
- ☞ Naupanghai chun rînguol (biel), kilthumnei(triangle) le killinei (Quadrangle) limhai ziek inchûk raw hai seh
- ☞ Biel a hin rawngsen, kilthumnei ah a eng le killinei ah rawng pawl pe/ nâl raw hai seh
- ☞ In kawlvêla tawkthei thilhai lakhawm la, an kil nei zat hai indawn rawh, an hriet naw chun hrilpêk rawh

SINTHAWNA - 7

1.



2.



☞ Lim pakhatna hi thadeuvin en phawt la, chun a hnuoia lim pahna a hin a lim kimlo i hmu a ni chun, chu tak chu ziekdik rawh

☞ Lim pahna hi mawideuvin rawng nâl rawh

☞ Naupang mit tienga harsatna nei an um chun, thangpui rawh.

SINTHAWNA - 8



Ramngawpui hnuoiah a'n vâkvêl,
Ramhnuoi thingbuk hnuoiah;
A'n thuok huoi a.

Banmaina chun a hril a,

Moko Bakul leh

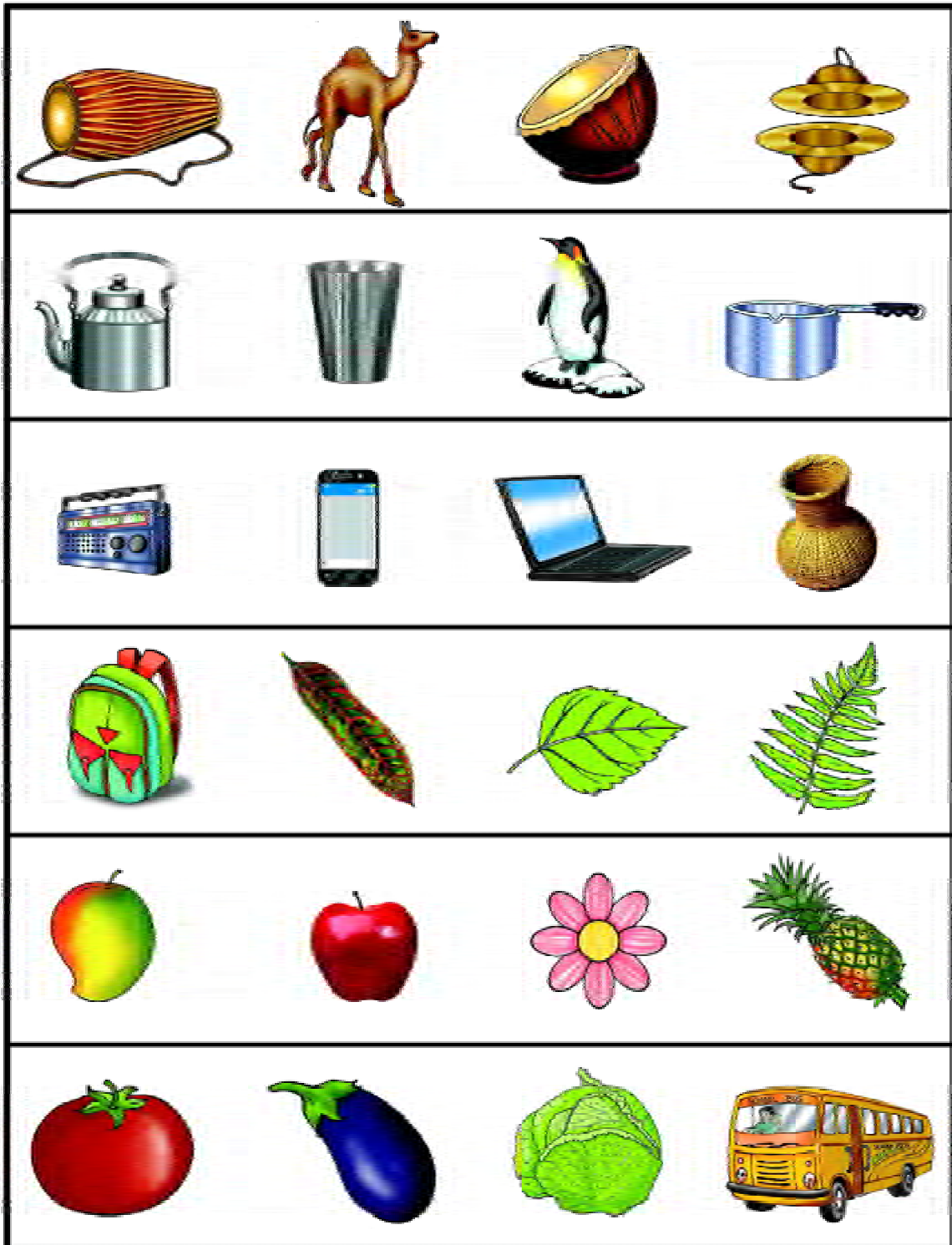
Phâiphina siem inah kan um

Banmaina pasal nei ni chun.



☞ Naupanghai chun hi thuchâng khi hla angina fietak le inruoltakin hril an tih. Enlova hrilsuok an tum ding a nih.

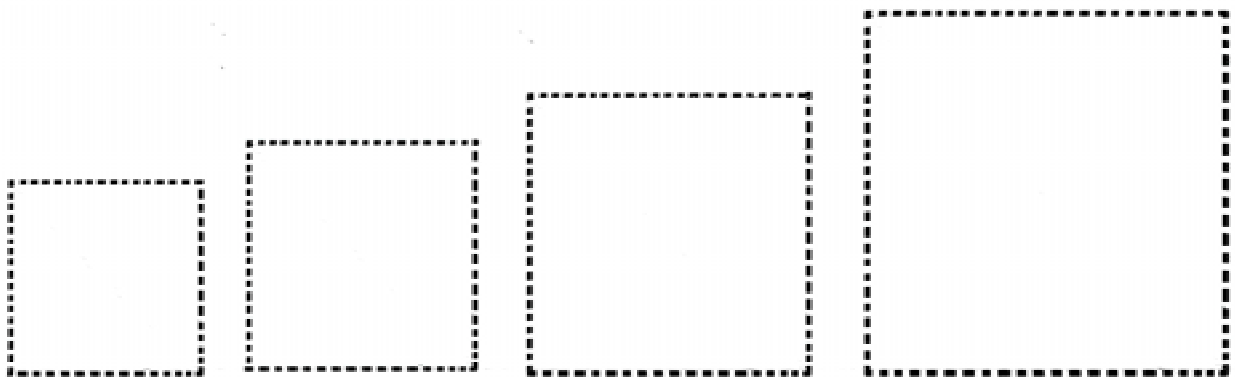
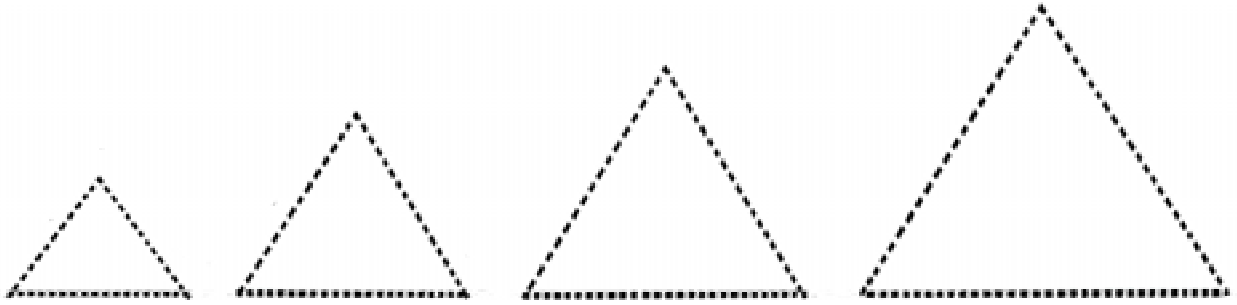
SINTHAWNA - 9



🎵 Tlartin hi tiem la, hawrawp laia danglam bîk tak chu ○ in rinkuol rawh.

🎵 A danglam bîk zawngna hi naupangin an hlawkpui hlak

SINTHAWNA- 10



- ☞ A chungá limhai khi thatakin en la, lim laia danglam bik chu O rinkuol rawh
- ☞ A chungá sunhanghai rawh, kilthumnei a lientak rawng pe la killinei a chintak rawng eng pe la, a'n hlum laia lientak rawng dumpawl pe rawh.