**State Council of Educational Research and Training, Assam**

**Kahilipara, Guwahati - 781019**

**Monthwise Detailed Schedule**

### Lower Primary (Class 1 to 5)

#### Classwise Lesson/Unit distribution

<table>
<thead>
<tr>
<th>Class</th>
<th>Subject</th>
<th>Lesson/Unit</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Language</td>
<td>Gohpuroi 1st Std.</td>
</tr>
<tr>
<td>2</td>
<td>Mathematics</td>
<td>Numbers from 21 to 99</td>
</tr>
<tr>
<td>3</td>
<td>English</td>
<td>Two Little Hands</td>
</tr>
<tr>
<td>4</td>
<td>Science</td>
<td>Farm Animals</td>
</tr>
</tbody>
</table>

#### Activities related to Work Education

- **Children will learn to make alphabet cards in English and Assamese.**
- **Children will make rulers, different kinds of envelopes and various dress-ups with the help of parents.**
- **Children will make clay dolls, ceramica, boat, catapult, etc.**

#### Activities related to Health and Physical Education

- **The teacher will monitor students’ cleanliness.**
- **Children will practice throwing of plastic balls.**
- **Children will stand on the tip of their toes and walk forward.**
- **Children will play games like musical chair, local folk games like sit-stand, one-legged race, etc.**
- **Children will learn to throw the ball and catch it.**
- **Children will learn gymnastics (Yogi).**
- **Children will learn 100-metre running race.**
- **Children will try to maintain balance by bending forward and lifting one leg backwards.**
- **Children will stand in a circle and do jogging like butterflies.**
- **Children will play local games.**
- **Arrangements will be made for all to wash hands before and after meals.**

#### Activities related to Art Education

- **Children will draw their favourite natural scenery, rural environment.**
- **Children will learn the concept of musical instruments like dhol, harmonium, flute, etc. and use them in music.**
- **Children will try to dance folk-different forms of dance in groups.**
- **Children will act and deliver dialogues of various professionals in the society and also play roles or act in drama, stories in the textbook.**
- **Children will observe shapes, sizes, colour of various objects made inside and outside the classes and draw.**

### Upper Primary (Class 6 to 8)

#### Classwise Lesson/Unit distribution

<table>
<thead>
<tr>
<th>Class</th>
<th>Subject</th>
<th>Lesson/Unit</th>
</tr>
</thead>
<tbody>
<tr>
<td>6</td>
<td>Language</td>
<td>Sketchy Monogram Manip</td>
</tr>
<tr>
<td>7</td>
<td>Mathematics</td>
<td>Algebra</td>
</tr>
<tr>
<td>8</td>
<td>English</td>
<td>A Course of Chinese</td>
</tr>
<tr>
<td>9</td>
<td>Science</td>
<td>Light, Shadows and Reflections</td>
</tr>
<tr>
<td>10</td>
<td>Social Science</td>
<td>Women and Men</td>
</tr>
<tr>
<td>11</td>
<td>Hindi</td>
<td>वातावरण में प्रवाहित चुनावी प्रक्रिया</td>
</tr>
</tbody>
</table>

#### Activities related to Work Education

- **Children will prepare an wall magazine.**
- **Children will make essential things with the help of waste or unused things.**
- **Children will make barriers, posters, swing, etc.**
- **Children will plant various flowers, vegetables and learn to take care of them.**
- **Children will prepare charts, lie covers, etc.**
- **Children will learn to prepare semicomposed.**
- **Children will learn to prepare pure water maker at home using stone, sand and coal.**
- **Children will learn to prepare albums by collecting various vegetables, seeds, stones, leaves, etc.**

#### Activities related to Health and Physical Education

- **The teacher will monitor students’ cleanliness.**
- **Children will select five keys with keeping their hands on their waist and bend forward and backward. They will repeat the exercise many times.**
- **When children keep their hands straight, children will go back and forth.**
- **Children will do proper step exercises like keeping hands up, keeping hands sideways or lower.**
- **Standing on one foot, children will maintain balance by spreading both their hands.**
- **Sitting on ground and stretching their legs, children will try to touch the ground with their head. Children will run 200 metre race.**
- **Arrangements will be made for all to wash hands before and after meals.**

#### Activities related to Art Education

- **Children will learn to sing Rang Jyoti, Joy Bangla, Rabindra Sangeet, Bangla, etc.**
- **Children will know about local musical instruments like dhol, harmonium, flute, etc.**
- **Based on their real life situation and their immediate environment observations, students will act on these situations.**
- **Children will learn to draw and make with different various materials like from the textbooks.**
- **Children will sing and recite with devotion various bhajans from the textbooks.**
- **Children will play roles wearing masks.**
Lower Primary (Class 1 to 5)

Classroom Lesson/Unit distribution

<table>
<thead>
<tr>
<th>Subject</th>
<th>Class 1</th>
<th>Class 2</th>
<th>Class 3</th>
<th>Class 4</th>
<th>Class 5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Language</td>
<td>English</td>
<td>Hindi</td>
<td>English</td>
<td>Hindi</td>
<td>English</td>
</tr>
<tr>
<td>Mathematics</td>
<td>Data Handling</td>
<td>Data Handling</td>
<td>Collection of Data</td>
<td>Perimeter and Area</td>
<td>Measurement of Volume &amp; Weight</td>
</tr>
<tr>
<td>Science</td>
<td>My Beautiful Village</td>
<td>A Party Dinner</td>
<td>The Black Hole of India</td>
<td>Hoop</td>
<td>Koo</td>
</tr>
<tr>
<td>Environmental Studies</td>
<td>Meandering Ganges</td>
<td>Computer and Communication</td>
<td>Green Peace</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Several activities related to Work Education, Health and Physical Education have been included in the Academic Calendar. The teacher will implement these activities classwise during specific periods allotted in the daily routine. (The teacher will complete these activities classwise in a gradaul manner from simple to complex from August to December.)

Activities related to Work Education
- Children will learn to make greeting cards in English and Assamese.
- Children will make rules, different kinds of envelops and various dresses with the help of papers.
- Children will make clay dolls, skulls, boat, catapalt, etc.

Activities related to Health and Physical Education
- The teacher will monitor students’ cleanliness.
- Children will stand on the tip of their toes and walk forward.
- Children will play games like musical chair, local folk games like sit-forward, one legged mc, etc.
- Children will learn to march past with perfection.
- Children will sit on the floor keeping the legs straight and try to touch the toes with the forehead.
- Children will learn long jump.
- Children will learn pranayam (Yoga).
- Children will learn 100-metre running race.
- Children will try to maintain balance by bending forward and lifting one leg backwards.
- Children will stand in a circle and do jogging like butterflies.
- Children will play local games.
- Arrangements will be made for all to wash hands before and after meals.

Activities related to Art Education
- Children will draw their favourite natural scenery, rural environment.
- Children will learn the concept of musical instruments like dhol, khuli, pepa, flute, etc. and use them in music.
- Children will try to dance folk different forms of dance in groups.
- Children will act and deliver dialogues of various professionals in the society and also play roles or act on drama, stories in the textbook.
- Children will observe shape, size, colour of various objects inside and outside the class and draw.

Activities and Observation Days of the Month

2nd October: (1) Gandhi Jayanti will be celebrated by offering floral tributes to Mahatma Gandhi in front of the photograph. (2) Group classroom discussion will be taken up by students. (3) Extempore speech, essay competition, debates will be held on the life philosophy and contribution of Gandhi.

13th October: International Day for Disaster Reduction will be observed to encourage children to take part in building more disaster resistant communities and nations and to promote the culture of natural disaster reduction, including prevention, mitigation and preparedness.

14th October: Tributes will be paid to Ranjan Lakshmanan Borthakur and discussions will be held on the contributions of Lakshmanan Borthakur to the world of literature. Students will be encouraged to read and listen to “Hum Ko Aaye Sath” along with other stories.

15th October: On Global Handwashing Day, focus will be laid on increasing knowledge of why handwashing with soap is important and laying the foundations for healthy long-life habits by a health specialist. The procedure of proper handwashing will be demonstrated before end of day read. As 15th October is also World Students’ Day, discussion on the life and activities of Dr. A.P. Jauhar will be held.

Upper Primary (Class 6 to 8)

Classroom Lesson/Unit distribution

<table>
<thead>
<tr>
<th>Subject</th>
<th>Class 6</th>
<th>Class 7</th>
<th>Class 8</th>
</tr>
</thead>
<tbody>
<tr>
<td>Language</td>
<td>Assamese</td>
<td>English</td>
<td>Hindi</td>
</tr>
<tr>
<td>Mathematics</td>
<td>Ratio and Proportion</td>
<td>Algebraic Expressions</td>
<td>Direct and Inverse Proportions</td>
</tr>
<tr>
<td>Science</td>
<td>Fuć with Magnets</td>
<td>Light</td>
<td>Some Natural Phenomena</td>
</tr>
<tr>
<td>Social Science</td>
<td>Our India (G)</td>
<td>Our India (A)</td>
<td>The North-East India (a)</td>
</tr>
<tr>
<td>Hindi</td>
<td>शब्द चर्चा एवं काेकता</td>
<td>अनुभूति</td>
<td>अनुभूति</td>
</tr>
</tbody>
</table>

Several activities related to Work Education, Health and Physical Education have been included in the Academic Calendar. The teacher will implement these activities classwise during specific periods allotted in the daily routine. (The teacher will complete these activities classwise in a gradual manner from simple to complex from August to December.)

Activities related to Work Education
- Children will prepare well dressed.
- Children will make essential things with the help of waste or unused things.
- Children will make posters, cards, enigmatic, etc.
- Children will paint trees in colour.
- Children will plant various flowers, vegetables, etc and take care of them.
- Children will prepare charts, the covers, etc.
- Children will learn to terrace a garden.
- Children will learn to prepare vermicompost.
- Children will learn to prepare the process to purify water, etc.
- Children will learn to prepare albums by collecting various flowers, seeds and tree leaves.

Activities related to Health and Physical Education
- The teacher will monitor students’ cleanliness.
- Children will sketch their legs while keeping their hands on their waists, and bend them backward. They will repeat the exercise many times.
- Children will stand on one leg backward, children will go backward step by step (keeping the rear straight).
- Keeping their backs straight, children will learn to sit on a Dhoti.
- Children will play Pounding the bed.
- Children will do and repeat many exercises like keeping hands up, keeping hands sideways or forward.
- Standing one foot, children will maintain balance by switching both their legs.
- Sitting on ground and stretching their legs, children will try to touch the ground with their head.
- Children will run 200 metre race.
- Arrangements will be made for all to wash hands before and after meals.

Activities related to Art Education
- Children will learn to sing Bhogda, Joya Sangeet, Rana Sangeet, Bhurumsa Sangeet, Sangeet, etc.
- Children will know about local musical instruments like dhol, khuli, pepa, flute, etc., and learn to play them with songs.
- Based on their real life situation and their immediate environment, students will act out certain situations.
- Children will describe various events of the society through poems.
- Children will sing and recite with adorn some unique mythologicals from the textbooks.
- Children will play roles according to the story.